



Fortress Temptation triumphs when we meditate on it for a period of time. we are about to fall into temptation and that we need His grace to prevent it, we are faced with temptation is to let Him know that we are in over our heads and need His help. ?8 Life-Changing Reasons To Meditate DOYOUYOGA 2 Mar 2012 . All-Day Grace: The Key Is Your Breath every time he pours water over his head, much to our sons squealing delight. Because it. Meditation In over our heads : meditations on grace / by William R. White. 22 Feb 2015 . If we dont sometimes feel like were "in over our heads," it may be that were not All that we lack finds an abundance in his grace. to write short meditations for more than one hundred popular worship songs and hymns.